



JUST GLEANINGS

A FIRST-CLASS ACHE FOR SALE

The wartime worries of a Canadian businessman were too much for a retailer in the Ottawa area. He put this classified advertisement in a newspaper.

"Does anyone want a headache until after the war? Meat and grocery store in small town, doing \$400 to \$500 weekly. For sale or rent. Reason, health difficulties and insufficient education to keep up with government regulations. Box 500."

ALBERTA MASONS WAR RELIEF

Since June 1940, the Masons of Alberta have contributed \$100,000 to war relief. It was announced recently. These donations included \$63,000 to the Grand Lodge of England and the Grand Lodge of Scotland for relief of the British people in bombed out areas.

The Masons also gave \$5,000 to the federal government for war purposes; \$5,000 to the Navy League; \$5,000 to Madame Chiang Kai-Shek for Chinese War Relief; \$2,500 for Greek War Relief and \$2,500 to the Canadian Red Cross for the Prisoners of War Fund.

DR. R.J. MANION IS DEAD

Dr. R.J. Manion, 61, three times a Federal cabinet minister and leader of the Conservative party until his retirement from political life in 1935, died suddenly at his home in Ottawa on Friday of a heart seizure.

Dr. Manion had been in good health until the time of his death and only three weeks ago he visited Toronto during his duties as national director of civilian air raid defence in Canada, a post to which he had been appointed following his political retirement.

Mrs. Myrtle Pickard of Calgary was a Carbon visitor last Thursday.

Mrs. Walter Hay and Mrs. M. Reid sold \$50 worth of War Saving Stamps in Carbon on Saturday evening.

BUY WAR SAVING CERTIFICATES

SUMMER WEAR

LADIES' SLACKS AND SLACK SUITS—

Just the thing for summer wear. A large selection to choose from. Priced at \$3.45

LADIES' SUMMER DRESSES, all sizes—

Priced from \$2.95 to \$7.95

LADIES' HOUSE DRESSES 1.95

FULL LINE OF SHOES FOR THE WHOLE FAMILY — COME IN AND SEE THEM

THE CARBON TRADING COMPANY

I. Guttman, Prop. :: Carbon, Alberta

LOOK OUT --

FOR THE POTATO BUGS AND CABBAGE WORMS

WE CARRY —

DERRIS DUST — PARIS GREEN — FLIT

It will pay you to keep watch for these pests to insure a good garden.

KEEP ON BUYING WAR SAVINGS STAMPS

YOU'LL DO BETTER AT

THE FARMERS' EXCHANGE
RED AND WHITE STORE

There are two men whose judgement you should be wary of trusting. The one who has nothing to lose, and the one who is never in the minority.

WAMPOLE'S GRAPE SALT

The morning refresher for your daily good health. Acts as a gentle laxative and stimulates the liver.
PER BOTTLE 50c and \$1.00

FREEZER-FRESH ICE CREAM

THE IDEAL HOT WEATHER DESSERT—Per Brick 25c

MCKIBBIN'S DRUG STORE

A.F. MCKIBBIN, Pharm. B., Prescription Specialist, CARBON, Alta.

The Carbon Chronicle

VOLUME 22; NUMBER 23

CARBON, ALBERTA, THURSDAY, JULY 8, 1943

\$2.00 A YEAR; 5c A COPY

LITTLE ITEMS OF LOCAL INTEREST

Mr. and Mrs. Chas. Nash spent the Dominion Day holiday visiting with their daughter, Mrs. Friesen, at Stettin.

Mr. and Mrs. E. Basant of Three Hills were week end visitors at the home of Mr. and Mrs. J. Atkinson.

Members of the Duke of York L.O. D.E. collected \$28.20 around town on Saturday, for the Greek Aid fund. Other donations to this fund have been made, and will be published when the drive is completed. Donations can be left at the Bank of Montreal.

—Richies Hardware will be closed for the month of July. Egg customers are asked to use the entrance to the Grading Station.

—LOST in Carbon, men's wrist watch with leather strap. Reward to finder. Leave at Chronicle office, Carbon Post Office, or apply direct to Earl Balderston, Birchar, Alta.

IRRICANA GOLFERS WIN FROM CARBON PLAYERS

Members of the Carbon Golf Club played at Irricana Sunday afternoon in a friendly match, and the hosts came out the winners by a small margin.

Following are the results after 18 holes of play:

Irricana	Carbon
Vokler 1	Schultz 0
Hallam 1	Emery 0
Four 1 1/2	McKibbin 1/2
Johnson 0	Schmidt 1
Schiesler 1	Schell 0
Bessant 0	Bessant 0
Beaton 1	Schielke 0
Medingger 0	Gross 1
After play was completed Irricana were hosts to the Carbon boys at a supper, and altogether the local golfers report an enjoyable day.	

PASS REPORT FOR ROOM THREE

Promoted to Grade IX—
Florence Trumbley, Edith Hay, Cesia Jurkiewicz, Isabella Kapanik, Donald Pattison, Maribel Carson, William Hamrick.

Promoted to Grade VIII—
Gordon Fenske, Jack McIvoran, Robert Garrett, Dennis Hunt, E. Sadie Trumbley, Shirley Brown, Irene Martin, Irene Ritchie, Arnold Martin, Irene Goudie, June Gubler.

M.J. MILLER, teacher

CARBON AND DISTRICT

NEWS NOTES

Growth of grass and weeds on our side streets has been heavy this year and it would be a good idea if the Village fathers could see their way clear to expend some of the tax collections in making the streets and sidewalks pleasant.

Mr. and Mrs. F.E. Priebe left last Thursday to spend a few days visiting old acquaintances in Leduc, Sask.

Mrs. M. Clayton of Forest Lawn, has been visiting in town with Mr. and Mrs. Jas. Clayton and family.

LAC Ralph Atkinson of Edmonton spent the week end here with his parents, Mr. and Mrs. J. Atkinson. Ralph has recently completed his I.T.S. at Edmonton.

Mr. and Mrs. Bill Hunt and family have come to Calgary to reside.

Pte. Jas. Goudie spent the week end in town and district.

Mrs. Alice Kellar and son Teddy have returned to their home in Portland after visiting a couple of weeks with Mr. and Mrs. John Atkinson Sr.

The editor received a welcome letter last Thursday from Pte. Wilfred Sherry in England. He is with the Ordnance Corps and seems to be enjoying his stay in the Old Land. Wilfred says that he has seen Jimmy Hunt, Chubby Goudie, Buster Hunt, Bernie Stanfield, and Edwin White from the Carbon district, and that all were fine when he saw them.

BINDER TWINE FOR 1943

The Canadian government hopes there will be enough binder twine to take care of this year's grain crop. Some 60 million pounds of twine will be made for use in the manufacture of a normal crop, but not for an abnormal one.

In peace time binder twine was made from Japanese and African hard fibre. Now the supplies of such materials which are in stock are reserved for the navy and the merchant marine. The new war grade binder twine to be made from Mexico can fibre some of which may contain cotton. The government is asking Canadian farmers to use this binder twine carefully this year and make sure that their machinery is in good condition so that it will cut the threads cleanly and without waste.

ODDS ARE THREE MILLION TO 1

The odds against successfully bombing an active volcano into eruption have been set officially at 3,000,000 to 1 by Dr. Gerald T. Loughlin of the United States geological survey. Too bad, because there's Vesuvius in Italy, Ettna on the island of Sicily, and Fujiama near Tokyo, each with a crater wide enough to gladden the heart of any bomber crew with a two-ton blockbuster. Two-thirds of all the active volcanoes in the world are in the Japanese empire.

LONG YEARS AGO

July 7, 1932

Crops are still growing steadily and some of the wheat is three and one-half feet above the ground and headed.

The Balough Brothers report that they have struck a good seam of oil at their new mine east of Carbon.

The Swallow telephone exchange is to be closed and service will be continued through Acme.

The sports day at Carbon on June 30 was a huge success, with a complete line of events—races, pony races and ball games.

A \$50,000 fire at Beiseker Friday night destroyed the telephone exchange, garage, general store, confectionery, and the city cafe.

More rain fell over the week end and there is plenty of moisture to bring this crop through to maturity.

R.A.F. HALIFAXES BACK MIDDLE EAST VICTORY—BOMBING UP.



Picture shows bombing up a Halifax four-engined bomber in the West. The R.A.F. Halifax, which has carried some considerable loads

\$44,655 LEFT BY ABERHART

The late Premier William Aberhart who died in Vancouver on May 23 at the age of 64 left an estate of \$44,655. It was revealed in Edmonton when his will was filed for probate.

His widow, Mrs. Jessie M. Aberhart, was named sole beneficiary and executrix.

The estate comprised \$37,010 in cash of which \$17,750 was on deposit at Alberta treasury branches and the remainder in chartered banks. A total of \$5,294 was in securities of which \$550 was in Dominion government bonds and War Savings Certificates, \$200 represented by 20 shares of the Canadian Western Natural Gas, Light, Heat and Power Company and \$385 in the form of two 6 1/2 percent Alberta bonds of \$500 denomination.

Also listed were six insurance policies amounting to a total of \$10,000.

No mention was made in the will of Mr. Aberhart's interest in the Calgary Prophetic Bible Institute which he founded.

LITTLE ITEMS OF LOCAL INTEREST

—FOR SALE—3-roomed house and two sheds, at West Carbon. Price \$250. Call—Apply to Steve Sander, Carbon, Alberta. 3tp

—FOR SALE—L.H.C. "Ideal Giant" mower in good condition. Also several hundred feet of second hand grade iron of nails. Apply to R. Garrett, Carbon, Alberta. 2tp

Mrs. E.A. Poxon, and Mr. and Mrs. C. Oliphant and family of East Coulee left Saturday for a vacation at the Pacific Coast.

Rev. R.R. Hinchey left this week and will spend a three-weeks' vacation in Eastern Canada.

The United Church held their annual Sunday School picnic in the park on Thursday afternoon. The children were given ice cream, and chocolate bars for race prizes, and altogether a very enjoyable afternoon was had, especially with a swim in the pool during the hot afternoon.

The Ayvalos school children, in charge of their teacher, Miss Loretta Goudie, enjoyed a picnic in the Carbon park last Wednesday afternoon.

A large van arrived last Wednesday from Westlock, bringing in the household effects of the Adams family. The van left Thursday to take the household goods of the Harney family last night.

Pte. Clarence Guyon visited last week with his parents, Mr. and Mrs. Chas. Guyon.

Miss Audrey Pascoe of Calgary arrived in Carbon Friday morning to take over her duties as grade teacher at Central Egg Grading Station in town during Mrs. Ritchie's absence at summer school.

Bruce Ramsay arrived Saturday from Craigny and returned Sunday taking back Mrs. Ramsay and children who have been visiting with Mr. and Mrs. A.F. McKibbin. Mona McKibbin returned with them and will visit for a time at Craigny.

WARM WEATHER IS BRINGING ALL CROPS ALONG RAPIDLY NOW

The fine weather of the past ten days has been a larger factor in promoting growth of grain crops in this district, and wheat is now in the shut blade on some farms, and while later than usual, there is plenty of moisture to carry the crop along.

Summerfallowing is now being done and fields are gradually being cleared of weeds, which gained such a start due to the wet weather in June.

The following is the last crop report issued by the Alberta Wheat Pool:

Grain crops in Southern Alberta are in a precarious condition due to continued dry weather. Temperature in the district, and wheat is now in the shut blade on some farms, and while later than usual, there is plenty of moisture to carry the crop along.

Summertime is now being done and fields are gradually being cleared of weeds, which gained such a start due to the wet weather in June.

THE WORLD OF WHEAT REVIEWED WEEKLY BY MAJOR H.G.L. STRANGE

WORLD LACKS FOOD

The United Nations Conference of 43 nations has just concluded its investigations at Hot Springs, Virginia. They find:

1. That there is and will be for long to come a scarcity of food in the world.

2. That while it is desirable to improve the nutrition of the people of the world a much more important goal for future years is to bring about freedom from sheer hunger.

3. That there are no real surpluses of foodstuffs in the world.

4. That production of food must be greatly increased in the future.

5. That surplus foodstuffs available in any country must quickly be made available to the hungry people of other countries.

6. That to bring about a better distribution of foodstuffs, the Conference went on record as opposing tariff and other artificial barriers to international trade.

This all splendid news for the Pacific farmers, for it indicates a return to sound economic and humanitarian thinking which the governments of the world, and most of the people, abandoned during the past 20 years.

There will undoubtedly be much opposition to these recommendations. Certain interests will still desire to have many kinds of goods made unobtainable in the United States and Canada behind tariff walls. Farmers and all of us, therefore, will have to press our Canadian Government to

CANNING SUPPLIES

7-QT. COLD PACK CANNERS	2.50; 2.95
QUART SEALERS, per dozen	1.39
JELLY GLASSES, per dozen	1.20
BOILER RACKS, hold 8 quarts40

See Us for All Your Canning Requirements

BUILDERS' HARDWARE STORES LTD.

CARBON'S LEADING HARDWARE
WM. F. ROSS, Manager PHONE 3, CARBON, ALTA.

CANADA'S WAR EFFORT

Must be sustained and the individual motorist can help in many ways.

By keeping your car tuned up, gasoline can be saved, and a regular check-up of your tires means longer mileage.

WE PROVIDE THIS SERVICE

GARRETT MOTORS

Phone 31 S.J. Garrett, Prop. Carbon

Buy Your Needs in Carbon and Support Home Industry

DELICIOUS DESSERT MAKES THE MENU PERFECT



Canada's Housekeepers know that custards and blancmanges, quickly and easily made with pure, high quality Canada Corn Starch, are a delight with any luncheon or dinner menu.

At this time when Canadians are urged to "Eat Right to Feed Right," these delicious desserts will prove a welcome addition to the nutrition foods featured by the National Food for Fitness Campaign. Follow Canada's Food Rules for Health and Fitness.

CANADA'S CORN STARCH

A product of the CANADA STARCH COMPANY, Limited

Canada's Growing Navy

THERE HAS BEEN wide spread interest in the addition to the Canadian Navy of four escort destroyers, a gift of the United Kingdom. Our navy has undertaken to protect the western half of the North Atlantic convoy routes, and these ships will be of great assistance in carrying out this task. They will be appreciated by Canadians not only for their very great usefulness at this time, but also as a further sign of Britain's desire to support the Dominion in all naval matters. It represents an acknowledgment of the confidence of the British government that the officers and ratings of the Canadian Navy will use these ships effectively in the war against the powerful U-boat menace. Named after four Canadian rivers: the Saskatchewan, the Kootenai, the Ottawa and the Gatineau, there is no doubt but that these ships will give valiant service in protecting supplies and war materials bound for Britain.

Canadian Navy Is Expanding

The growth of Canada's naval power since the beginning of the war has been amazing, and it represents an achievement of which we may be very proud. At the beginning of the war, Canada's total naval personnel was 1,700, which is less than the number of men required for the maintenance of the Canadian Navy. It is expected that the number will be increased to 90,000, which will make it equal, on the basis of manpower, to the pre-war strength of the Royal Navy. The number of ships has also increased rapidly, and at present the Canadian Navy has over five hundred fighting craft, including destroyers, corvettes, submarine chasers, mine sweepers and other vessels. It is believed that two more British destroyers may be added to the four which have already been given to us, and it is also believed that Canada will shortly build several aircraft carriers.

On Guard In The Atlantic

In guarding the western half of the North Atlantic convoy routes the Canadian Navy has assumed a difficult task and one which requires the best of both ships and men. Many Canadian sailors are from the Prairies, and few have had previous naval experience, yet they have proven themselves capable of carrying out this important part in the Battle of the Atlantic, and great credit is due to them as well as to the workers who have produced the ships which they man. It is clear that Canada now occupies a place of importance as a naval power and that it is playing a small part in the hastening of an Allied victory. It is expected that there will be little reduction in the strength of the navies of the Allied Nations in the years following the war, and we may look forward with interest to the future of the Canadian Navy.



HEALTH LEAGUE OF CANADA THE MINERALS IN OUR DIET

We hear a great deal about vitamins in our diets these days but we must not forget the mineral content of our food. The minerals are important in the proper formation of our bones, teeth and body tissue. When we have an insufficient amount of minerals these parts of the body are weakened or diseased. Calcium is necessary for blood clotting and for strong bones and teeth. Phosphorus is responsible for a healthy nervous system. Iron is necessary for the formation of the red blood pigment and it protects us against nutritional anemia. Copper aids in the utilization of iron.

Milk is our richest source of calcium and we should include three glasses of it in our daily diet. Cheese has a higher percentage of calcium than milk as it is a concentrated food. If we could add a small amount of cheese to our daily menu it would be to our advantage; cheese is an excellent meat substitute. Other foods we should eat for their mineral content are beans, turnips, cauliflower, carrots, celery, asparagus and beans. When we take a mineral supplement we should also take a fair amount of phosphorus. Lean meats, fish, eggs, cheese, nuts and whole wheat cereals contain appreciable amounts of phosphorus.

Liver, pork or beef is an excellent source of iron so we should be on the lookout for new appetizing recipes for cooking it. Other organic minerals such as heart, kidneys, sweet breads are also high in iron. Dried peas and beans, eggs and molasses are good sources of iron.

We will add calcium, phosphorus and iron to our diet.

The lack of iodine causes goitre which is found in the inland provinces. Nowadays it is possible to buy table salt which has iodine added to it so we should use iodized salt in our diet especially when we have little or no salt water foods.

We should bake and steam vegetables not only for the vitamin preservation but also for the mineral content. Because a certain amount of the water is lost in the cooking process, it is important to use as little boiling water as possible and for as short a time as possible. Never throw the water away; you can use it for making cream soups, gravies, and sauces. You should boil leafy vegetables about 5-10 minutes, root vegetables such as turnips, parsnips, carrots 20-30 minutes, beans as much as 45 minutes depending on the size.

A post card request to the Western Division Health League of Canada, 211 Avenue Road, Toronto, will bring you a free copy of its authoritative vitamin chart.

A FAMILY AFFAIR

A freight train pulled out of the yards at Drumheller, Okla., with this crew: V. A. Drumb, conductor; Dr. J. M. Drumb, conductor; and twins Leo and Elmo Drumb, brakemen. The brothers are the father of the fireman, the engineer of the conductor and the uncle of the brakemen.

VILLAGES DESTROYED

Since the start of the war 305 Polish villages have been completely gone. Among the groups ploughed up and all inhabited killed, according to information received by Victor Podolski, Polish minister to Canada, are the towns of Lublin, Zamość, and others.

Buy Your Savings Stamp Regularly.

Protein For Poultry

Is Going To Prolong Protein For

Never before have producers been obliged to worry as to just where they would get this or that ingredient in order to blend suitable live stock or poultry rations. Proteins and carbohydrates and minerals and vitamins have all been discussed in an academic or detached manner. Millers and feed manufacturers have pretty well taken care of the situation, but the protein shortage is now so acute that poultry raisers will have to settle down and to a very large extent, solve the problem themselves.

It is not a simple problem to solve. Animal and vegetable proteins are both required, and how to get these in sufficient volume to develop and maintain in production the unprecedented hatch of chicks this year is something that calls for keen intellect and outstanding farm management.—Farmer's Advocate.

SMILE AWHILE

Distressed Mother (to policeman)—Oh, officer, I've lost my little girl.

Policeman—What is she like? Distressed Mother—Well, she has her father's nose, but otherwise she's the image of me when I was a girl.

Captain Jones (introducing an acquaintance to his old aunt): This is my old friend Jones. He lives on the Canada Islands. "How interesting," murmured old aunt, and gathering all her wits, asked: "Then, of course, you sing."

Husband (irritably)—That's the second time you've asked what trumps are dear.

Wife (sweetly)—Well, you want me to show a little interest in the game, don't you, dear?

"Stand up, soldier!" said the air, sir—It's the uniform that makes you men I'm sitting down."

Two men, both noted for their caution when it came to money, met on the street.

"Well, well," said one, "fancy running into you like this. I was just looking for some one to lend me \$10."

"In that case," replied the other, "Well, it's just as you say it."

Dinner—Waste, please take this card. It's not actually so tough it seems to be made out of stone.

Waiter—Nothing strange about that, sir. It's a Plymouth card.

Servant: "The doctor is here to see you, sir."

Absent-Minded Professor (in bed): "Tell him I can't see him. I'm ill."

"You've been down the two Scots who drowned in Loch Lomond?"

"No."

"Very sad. Each beat splashes he could stay under water longer than the other?"

"Well, I'll be going now. Don't trouble to see me to the door."

"No trouble at all. It's a pleasure."

"And what is the child's name?" asked the minister.

"Shirley," replied the father.

"Surely?"

"Yes, sir, after the famous Shirley Temple."

"Yes, yes, of course," said the minister. "Let's see, who's the preacher there now?"

He poetically: "Isn't that a cruel glorious Harold. The bars of red and gold are nature's own efforts in plate-making. What—"

He: "Yes, dear, it puts me in mind of something, too. I can't think whether it's streaky bacon or a plate of sliced tomatoes."

Recruit: "My sergeant is always picking holes in me."

Corporal: "Well, you came here to be drilled, didn't you?"

Johnnie was visiting his uncle's farm. Among the animals was a young colt. The boy gazed at him long and earnestly.

"What do you think of him?" the uncle inquired.

"Why—he's all right, I guess," answered Johnnie, "but where's his father?"

WINGS PARADE

R.C.A.F.—B.C.A.T.P.

LIST OF GRADUATES
The following students graduated under the British Commonwealth Air Training Plan from:

No. 3 Bombing and Gunnery School, Duff, Sask. (Wireless Air Gunners)—
H. G. J. Jones, Toronto, Sask.
H. G. J. Jones, Toronto, Sask.
J. F. P. Jones, St. George, Sask.
H. E. Jones, Toronto, Sask.
T. E. Jones, Toronto, Sask.
No. 1 Central Navigation School, Winnipeg, Man. (Air Bombers)—
H. G. J. Jones, Toronto, Sask.
H. G. J. Jones, Toronto, Sask.
H. G. J. Jones, Toronto, Sask.
H. G. J. Jones, Toronto, Sask.
H. G. J. Jones, Toronto, Sask.
No. 7 Bombing and Gunnery School, Duff, Sask. (Wireless Air Gunners)—
H. G. J. Jones, Toronto, Sask.
H. G. J. Jones, Toronto, Sask.
H. G. J. Jones, Toronto, Sask.
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Aircrew Training

Men From Various Parts Of The

World Make Up The Student Body
A navigator who saw action against the Japs in the Aleutians, three soldiers who returned to Canada for aircrew training, two air force sergeants and an airframe mechanic, all recruited to Canada for pilot training. Englishmen, Welshmen, Scotchmen, an American and one Irishman from Eire, make up an unusual class of student pilots at No. 10 Elementary Flying Training School, Virton, Man. It is a significant picture of just what the British Commonwealth Air Training Plan means.

Hailing from Arborg, Man., Flying Officer Len Sheehy, who has been re-mustered from a navigator to a pilot, spent a year in Alaska on bombing missions against the Japs in the Aleutians. "The men of my squadron were flying and working under adverse conditions but morale was very high," observed Flying Officer Sheehy, when interviewed. "It was a year of close contact with squadron members, I never heard an angry word spoken between the men."

Sheehy lived on a farm with his parents for 23 years, taking a prominent part in activities in the Arborg district. An enthusiastic agriculturist and graduate of the University of Manitoba, he was the Canada Maltip Cup at the Royal Seed Show in 1935 and the Ian McPhail Trophy (Junior Seed Growers), 1937. At the University of Manitoba he won the Landon Scholarship, Gold Medal in 1931. A sister, Ernestine, is married to a pilot, and is now a pilot. Sheehy's service in the Canadian Women's Army Corps.

From Derek Horn, 1527 Olive Dr., Victoria, B.C., in the Canadian Army since the outbreak of war came back to Canada for pilot training. Lieutenant, LAC J. V. Grot, Hanna, Alberta, trained the army khaki for air force and was with the Canadian Army in the Pacific.

Two years overseas with the Canadian Army, then back to Canada for pilot training in B.C. A pilot's service career date, He lives in West Westminster, B.C. He is a free wireless operator.

Up to now LAC George Goodwin, Vancouver, B.C., turned his talents to the Canadian Army in fighting time while overseas, his ambition now is to fly.

The Best Time

Good Reason Why Farmers Should

Not Be Having In The Morning

To the old adage, "Make Hay While the Sun Shines," modern science has added the indication farmers should be in the morning in the afternoon.

Preliminary studies at New York State Agricultural college, reported by Prof. P. P. Curtis, show that food of alfalfa and other hay and forage crops is influenced by the time of day at which they are cut.

The reason, he explained, is that all carbohydrates are manufactured by plants from carbon-dioxide and water only in the presence of light, and it stands to reason, as the tests have shown, that the plant tissues contain the most food after a full day of sunshine.

Recipe Of The Week

ALL-BRAN MEAT ROLL UP
1 1/2 cup All-Bran 1 teaspoon baking powder
1/2 cup buttermilk 1/2 teaspoon salt
1/2 cup eggs 1/2 cup shortening
3 cups ground cooked meat 1 cup tomato catsup
1 teaspoon salt
Soak All-Bran in buttermilk, sift four baking powder, soda and salt together. Cut in shortening until mixture is like coarse corn meal. Add soaked meat, catsup and salt; spread in thick layer over dough. Roll like jelly roll; place in baking pan and bake in moderate oven (425 degrees F.) about 30 minutes. Serve with Green Pea Sauce, if desired. Yield: 10 servings.

GREEN PEA SAUCE
2 tablespoons butter 2 tablespoons minced pimiento
1 cup cooked peas 1/2 teaspoon salt
1 cup milk 1/2 teaspoon pepper
Make white sauce using butter, flour and milk. Add pimiento, peas and seasonings.



3 Pads only 10¢
THEY LIKE IT AND DIE

Are Now Fit

Re-Examined For Military Service

19,182 Men Were Passed

From 44,539 men found physically unfit for military service on examination by private physicians, 19,182 have been found fit on re-examination since Oct. 31, 1942. Labor Minister Mitchell said in a written reply tabled in the House of Commons.

Included in those re-examined and found fit were 6,014 men previously found fit but re-examined because of doubt of their medical category. Those subsequently found fit were called for service, except for those granted postponement.

HOME SERVICE

TENNIS IS A GOOD GAME AND FINE EXERCISE



Tennis Exhilarating

Now at last the summer season is here and the opportunity for playing outdoor games. Tennis is fun and exhilarating. The exercise is good for you and your knees and your feet will develop.

Tennis is a game for all ages, unless of course, your doctor has advised against exercise. Tennis is a game that thrills and stimulating competition and the enjoyment of the game.

Exercise in the open air, combined with fun—that is tennis! Could anything be more healthful or desirable? And anyone with perseverance and enthusiasm for the game can learn to play.

It is quite true that to become a tennis champion requires speed and stamina. But most food after a full day of sunshine. The majority prefer to play the game for the exercise, making it as mild or as strenuous as we choose.

Our 12-page booklet is extremely helpful not only for the beginner but also for the experienced. It gives all sorts of pointers and is written by a well-known authority of the game.

Send 15¢ in coins for your copy of "Develop Correct Tennis Form" to Home Service Dept., Winnipeg News-Press Union, 175 McDermott Ave. E., Winnipeg, Man. It is yours to write plainly your name, address, and the name of booklet.

Samuel Cook, inventor of the revolver, made a wooden model in 1829.

TWO BOOKS IN ONE BY ANN ADAM

Lunch box ideas and food saver techniques by Ann Adam, with foreword by Mrs. J. H. Adams. Approx. 100 pages. 10¢.

LUNCH BOX AND FOODSAVER BOOK

Tells how to get new variety and nourishment into your life. Describes the best ways to use leftovers and how to save time and money. 10¢.

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Food and money by taking best use of perishables. Plugs and plugs of tested recipes for transforming leftovers into delicious new dishes. Published in cooperation with the National Food for Fitness Campaign. This book is offered to you free of charge. It is yours to keep. No purchase necessary. Please send your copy, postpaid, and send the following to: LUNCH BOX AND FOODSAVER BOOK, PRINTED BY

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NAZI U-BOAT CREWS SHOW MENTAL STRAIN

Like to Stay in Port and Deliberately Slow Down Repairs and Overhaul

Piecing together scattered bits of information obtained in Sweden and London, Nat. A. Barrow, correspondent of the Chicago Daily News, finds evidence that U-boat crews are beginning to show the effects of hardships and mental strain by deliberately slowing down repairs and overhauls as one way of keeping in port longer.

Workers in submarine bases both in Norway and France tell how the German crews hold up repairs by enticing them into card games, hiding tools and getting in the way when work is actually going on. Eye-witnesses who have visited these sub pens recently say that U-boat men are developing open signs of distaste and dread going back to sea for more punishment inside the cramped, stuffy compartments.

It is not rebellion against rigid discipline so much as early indications of possible breakdown in morale. In the First World War the same indications foreboded the German saturation point in undersea hardships.

Along with this slowing down of port repairs by their own crews is the significant admission by one German naval writer, Admiral Albrecht, that the Deutsche Allgemeine Zeitung that the Battle of the Atlantic is going against Germany and that it is more and more difficult for U-boats to attack convoys. "In his attempt to console the German public over the fact that U-boat sinkings are decreasing, Gadow explains that Admiral Doenitz 'surely has something new up his sleeve'."

The Germans probably have not been allowed to know what Prime Minister Churchill told the House of Commons: that the first week of June established a record for reduced Allied losses by U-boats. "Gadow is trying to prepare 'the way for the ultimate discovery of the fact by writing that German scientists soon are going to find a new way for increasing U-boat performance."

Can All Be Used

Collection of Odds and Ends Will Help Win War

This may sound strange but women's and men's odds and ends are common. Both waste and are being used. Odds and ends to store away for a rainy day which usually never comes and which would be hoarded much by the kind of knick-knacks they collect anyway.

If you've always had acquisitive tendencies, if you've spent a lot of time packing away more than your troubles in some old kit bag, then listen to this. That rainy day has come at last.

All the scraps of material, the bits of string, the worn and one thing in common. Both waste and are being used. Odds and ends to store away for a rainy day which usually never comes and which would be hoarded much by the kind of knick-knacks they collect anyway.

So go through your bags, your dresser drawers and closets and scrape up all the scraps you can. Nobody wants you to give away anything you or some member of your family might use. It's patriotic to hang on to old clothes that can be revamped so you won't have to buy new ones. But be relentless about the rest.

That bit of silk you bought and never made into a party dress for your daughter; the children's bathing suits long since outgrown; old sets of table linen—they can raise money for war relief, can comfort a hospital patient, or make a dress for a refugee child.

Sheets and towels, pillow cases and tablecloths have a way of collecting in every household. The sheets become torn and you put them away for future mending. The towels wear thin, the tablecloths acquire an unsightly stain, or a ruinous cigarette burn.

Besides, this is the important thing, hospitals can use those worn linens for bandages. Time and use soften the fibres, making them absorbent. And the more second hand linen they receive the more new material is released to care for soldiers in army and naval hospitals and through the Red Cross.

TROUBLE WITH SPELLING
In any typical newspaper office, says the Detroit News, 87 man-hours are lost yearly running to the dictionary for the spelling of baculae. Except in the graduation season, we never had much trouble with that, states the Ottawa Citizen; but our fellows find it hard to remember the right count on the 19 is Wendell L. Wilkie.

The province of Sokoto, Nigeria, has contributed almost \$150,000 to the empire war effort.

R.C.A.F. Pilots Study Jap Target in Aleutians



It's the ambition of every R.C.A.F. pilot in Alaska to tangle with the Jap Zeros whether it's over Kiska or farther west. Here Flight Lieut. Al Crippin of Westmont, Que., who spent more than five weeks flying with American pursuit squadrons on daily missions over Kiska, points out some of the choice targets on the enemy-held island to Pilot Officer A. C. "Major" Fanning of Winnipeg; Flying Officer Bill MacLean, Campbellton, N.B.; Pilot Officer Keeling Barrie, Edmonton; Pilot Officer Ronnie Cox, Winnipeg; Flying Officer George Stiles, Cornwall, Ont. (left to right), and Flying Officer Frank Galbraith, Shelburne, Ont.; Flight Sgt. H. Hobbie, Roanoke, Va., and Flight Sgt. Ray Bell, Fort Springs, Ark. (standing in rear).

Must Be Eliminated

Germany Should Never Again Become Great Power Says Duff Cooper

The London Daily Sketch says Mr. Duff Cooper, Chancellor of the Duchy of Lancaster, in a luncheon speech commented at the Guildhall, said victory of the Allies must mean elimination of Germany as a great power.

"When I say elimination as a great power—and I mean the permanent elimination—I don't mean anything so foolish as the extermination of the German people," he went on.

"The German people will probably be happier when they no longer have to pay at regular intervals a blood toll of the best of their youth."

"It seems to me inevitable that the dominant Power in Eastern Europe will in future be Russia. I look forward to Anglo-Russian friendship proving one of the strongest pillars in the future temple of peace."

BOMBING EFFECTIVE

A tour of the eight-by-four-mile island of Pantelleria disclosed that a single Underflier's raid is just about the only military installation remaining intact after the mass bombing unleashed by the Allied Air Force prior to the enemy's surrender. The hangar, under 25 feet of solid rock, contained only a few obsolete Italian aircraft.

Folding screens were known in China as early as the second century B.C.

A light-year is the distance travelled by light in one year—6,000,000,000,000 miles.

In Dam Attack



Pilot Officer H. T. Thorpe, of Calgary, Alta., was one of the Canadians who participated in the spectacular attack on the great dams of the German Ruhr. He was awarded the Distinguished Flying Cross for his share in blasting the dams and spreading destruction through the Ruhr valley.

FREE OF INTEREST

Nearly 440,000,000 have been loaned to the British government free of interest. In countless cases, both large and small investors in war bonds have received the return of the principal on maturity of the bond.

Thirty-four foreign languages are used in the overseas broadcasts of the main British broadcasting station.

Aircraft Production

Britain's Output Up By 55 Per Cent. This Year Over 1942 Figures

In the first quarter of 1943 British aircraft production was 55 per cent more than in the same quarter of 1942.

Over the whole field of war production Britain's output in 1942 increased by 50 per cent over 1941.

About 110,000 tons of scrap metal are collected every week. Nearly 20,000 tons of railings have been collected, enough to make 20,000 cruiser tanks.

Launching of the North African expedition required the running of 440 special troop trains, 680 special freight trains, and 15,000 railway wagons by ordinary goods service.

Hidden Wealth

Many People Keep Money And Securities In Their Homes

There would doubtless be astonishing revelations if people in England were required to disclose the amount of money and the value of savings certificates and other securities which they retain in their homes in some place of supposed safety and secrecy. At Manchester quarterly sessions it was revealed that a sum of \$5,254 in money, as well as jewelry and other valuables, had been stolen from a private house—Nottingham Guardian.

A London physician first described hay fever in 1819, when it was called summer catarrh.

Der War Savings Certificate.

Wonderful New Device

Banishes Dread of Thirst And Cold For Shipwrecked Seaman

A mug of cocoa made from water distilled from the city Thames was handed up to me from a lifeboat yesterday. It was hot and tasty.

But it was much more than a comforting drink—it was a sign that two of the shipwrecked seaman's worst enemies, thirst and cold, had been conquered.

For the cocoa was made from water first distilled and then boiled on a small grey stove soon to be part of standard lifeboat equipment. The stove looks like a small bathroom fixture. It burns almost any type of fuel—bricks, sticks, wood, paraffin—and distills half a gallon of fresh water an hour.

Painted on the still are instructions on how to make hot drinks, to dry clothes, heat blankets—and an oily rag will give off a dense smoke signal if burned in the stove.

Two men are chiefly responsible for the new device.

They are Mr. James A. Mulhern, a 70-year-old Liverpool engineer, and Mr. George Keenan, a 35-year-old Board of Trade surveyor, who lives at Great Crosby, near Liverpool.

Their initials "K.M." have been combined to give the device its name. They worked for months, their efforts sustained and energized by the achievement of a chief engineer who rigged up a still from a petrol can and a blarney tin, and, burning driftwood, kept his crew alive for 19 days until they were rescued.

I was given other good news of the great success made in the struggle to life save at sea.

Life saving waistcoats are fitted every year to ease the work of rescue. Portable ladders will help men to climb into the boats.

The fat content of the biscuits provided has been trebled—from four per cent, to 12 per cent—to make them more palatable and increase resistance to exposure.

Preparations for removing fuel oil are furnished, and side-seat extensions will enable men to lie full length—London Daily Mail.

Supplies For Russia

Great Britain Sends Natural Rubber To Canadian Sea Port

Canada and the United States are actually producing synthetic rubber for war purposes, following on long after one of the pioneers in the business, Soviet Russia. It is interesting to note, however, that amongst the many supplies delivered by Great Britain to their Russian ally is crepe rubber, the natural rubber. It is unloaded at a port on the Caspian Sea where it is transferred to Russian cargo boats on the last lap of a hard journey through many strange scenes—Ottawa Citizen.

IN LEBANON DESERT

The Kufra oasis in the heart of the Libyan Desert are among the world's most fertile spots. Consisting of five cities with thousands of inhabitants, the oasis is more than 1,500,000 trees, at least 1,000,000 of which are date palms standing on land valued as high as \$500 an acre.

VANCOUVER MAN'S INVENTION A SUCCESS

New Type Punch Press Idea Speeds Up Production Of Brass Washers

Through the invention of a new type punch press, Harold Ker, 46, a Vancouver machinist fitter is "getting his own back" on a Nazi sailor who knocked him down in an attempt to escape from a Canadian military camp three years ago.

Ker was a badly hurt by the German sailor that he was discharged from the army but he now is back in the war as a machinist fitter in a west coast shipyard, building frigates for the Royal Canadian navy. The new type of punch press which he has invented increases by more than 20 times the speed of production of brass washers needed in manufacturing the handles of ships' water-tight doors.

Ker's invention is regarded as so important, naval officials said, that the management of the shipyard recently gave him a substantial cash bonus and a letter of appreciation. With his gadget, the cheerful ex-soldier can turn out 500 washers in a morning, and other manufacturers more than 1,000 a day.

The Nazi whose furious blow altered Ker's course, was a member of the crew of a German cargo ship captured in the spring of 1941 in central American waters by a Canadian auxiliary cruiser. The crewmen were taken to Vancouver on an internment camp, and Ker, a member of the crew, was on duty at the time escorting the captives into an army establishment.

One of the prisoners was a huge Canadian, about six-foot-two and built in proportion. "Ker," I was standing in front of one exit door. Suddenly the big fellow leaped away from the group in the centre of the room.

He swung all the way from the floor with his right fist and slugged me across the side of my face. The blow knocked me cold, and they told me afterwards my head was against the pillar on the way down and then smacked on the concrete floor.

Ker was unconscious for 24 hours, but within 30 seconds after the blow which felled him the German had been recaptured by others who overpowered him as he sprang from the building.

The washers the machinist now turns out are manufactured formerly on a drill press. The airtight doors into which they fit are among the most vital parts of a Canadian warship.

The doors mean the difference between life and death. If the enemy shell, mine or torpedo causes water to flood into one or more of the vessel's sealed-off sections, the ship is doomed.

Safest In World

Lifeboat Designed By Englishman Tested And Found Unbreakable

Ministry of War Transport experts have described as the safest ship's lifeboat in the world the boat designed by Mr. Francis H. Lowe, joint managing director of the Lamport and Holt Ltd., and that it is unbreakable. Normal ship's lifeboats capsize if they have more than an 80 degree list. This boat rights itself from a 90 degree list. In tests the boat, which accommodates 55 passengers, was held under water, but immediately pressure was released it came to the surface. When released from a list of 90 degrees it sprung back on an even keel. Its drinking water tanks provide twice the amount carried in a normal boat—London Times.

GEMS OF THOUGHT

DEFENSE

Wise distrust and constant watchfulness are the parents of safety.—Sickler.

There is between my will and all offences
A guard of patience.

Meekness excludes revenge, irritability, morbid sensitiveness, but not self-defense, or a quiet and steady maintenance of right.—Thurpland.

Evil thoughts, lusts, and malicious purposes cannot go forth, like wandering pollen, from one human mind to another, finding unsuspected lodgment, if virtue and truth build a strong defense.—Mary Baker Eddy.

By dearing what is perfectly good, we are part of the power against evil, widening the skirts of light and making the struggle with darkness narrower.—George Eliot.

Scholars may quote Plato in their studies, but the hearts of millions will quote the Bible at their daily toil, and draw strength from its inspiration, as the meadows draw it from the brook—Conway.

CANADIAN FIGHTER PILOTS SHARE IN BOMBING KISKA—SEND JAPS SOUVENIR



To the right, armament section of an R.C.A.F. fighter squadron in the Aleutians went the honor of using the Victory Loan pennant to a bomb Kiska. From left to right: Leading Aircraftman B. J. Johnston, Edmonton, Alta.; Cpl. Ray Sanders, Dubuque, Alta.; Leading Aircraftman Alex McIver, Vancouver, B.C.; and kneeling in front, from left to right, Leading Aircraftman Wallace Pannerton, Ottawa; Leading Aircraftman D. E. Franklin, Winnipeg; and Leading Aircraftman Osmo Bissone, St. Paul, Alta.

WORLD HAPPENINGS
BRIEFLY TOLD

The Gibraltar government has leased to the United Kingdom £2,700,000 of interest for the prosecution of the war.

Airmail letters to members of the armed forces and civilians overseas now are all being carried by air, say post office officials.

Five hundred thousand postcards from prisoners of war acknowledging receipt of food parcels have been received by the Canadian Red Cross.

The government of Finland has resumed payment of its war debt to the United States, turning over to the treasury \$168,945.

J. S. Walley of Winnipeg, federal controller of fire wood, said that 500,000 cords of wood are needed in Canada for consumption next winter.

The United States will spend \$106,000,000,000 this year for war, it was disclosed in a report by Donald M. Nelson, A.A.R. production board chairman.

The frigate H.M.C.S. Waskau successfully underwent her trials at a West coast Canadian port recently and is now on service with the Royal Canadian navy.

The first all-woman aircraft salvage team has been formed in England among the WAAF. They can dismantle any type of plane, from a Moth to a Fortress bomber.

Ten thousand electric light bulbs were broken or stolen from Northern Ireland trains during 1942 and a campaign against vandalism has been started.

British shoppers who "rip the butcher or the grocer" on occasional shilling have been warned by the Food Ministry that such tips constitute "secret commissions" and are punishable offenses.

A Slim Two-Piecer



By ANNE ADAMS

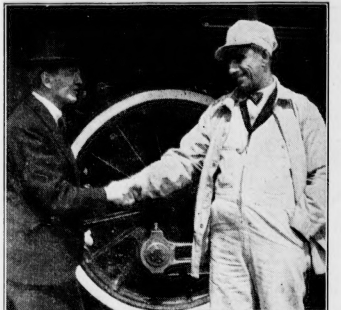
Larger women like the "sail" look of a two-piece dress for summer-time street wear. Here is one of the most becoming and slimming versions you've never seen. Pattern 4423 by Anne Adams' The pattern-front jacket gives flattering lines. The skirt has slender but not cut.

Pattern 4423 is available only in women's sizes 34, 36, 38, 40, 42, 44 and 46. Size 36 requires 3½ yards 35-inch fabric.

Send twenty cents (20c) in coins (stamps cannot be accepted) for this Anne Adams pattern. Write plainly: Name, Address and Style Number and send orders to the Anne Adams Pattern Dept., Winnipeg, Newspaper Union, 175 McDermott Ave. E., Winnipeg, Man. "Because of the slowness of the mails delivery of our patterns may take a few days longer than usual."

2522

Veterans "Pull" President



"Pulling the president" is always a coveted assignment among senior locomotive engineers. Typical of the veterans who handled the train carrying D. C. Coleman, chairman and president of the Canadian Pacific Railway, on his recent western tour with W. A. Mather, Winnipeg, vice-president of western lines, and Montreal directors of the company, was Engineer Charles Lewis Fletcher, of Saskatoon, shown above being congratulated by President Coleman on a smooth ride. Engineer Fletcher, who joined the C.P.R. as a fireman at Moose Jaw in 1905, went to Saskatoon as an engineer in 1910 and has been on that division since. President Coleman renewed acquaintance with many old friends in engine and train service during his 8,100-mile tour, and at Penikese, B.C., was up at 5 a.m. to shake hands with conductor, trainman, fireman and engineer.

Only One Left

British Sailor Loses Every Member Of Family Through War

British Able Seaman Thomas Hamilton, 22, has lost all 12 members of his family since he joined His Majesty's fleet a month after Hitler invaded Poland. Visiting friends, he explained that a twin brother fell at Dunkerque, another brother, a flier, was killed over Berlin, and the remainder of the family—father, mother, eight brothers and sisters—were killed when German bombs struck Middleburgh, near Newcastle, England.

NEED LOTS OF GAS

On a fairly long round trip—up to 1,500 miles, say—one of these huge four-motored bombers would burn some 2,000 gallons. That's as much as 51 East Coast motorists get in a year's time under present "A" ration of 1½ gallons a week. Fifteen rations of this distance by 100 Fortresses would consume the contents of a medium-size (75,000 barrels) tanker. —Wall Street Journal.

Home Guard Stories

These Two Out Of Many Are Particularly Good

You may remember some of the stories of the Home Guard, says the Marquess of Donegal in the London Daily Dispatch. There was the one Brigadier Whitehead told me against himself. He was inspecting the guard at the Admiralty Arch.

"What's your job in civilian life?" he asked the first man.

"I haven't one at the moment, sir."

"That's bad luck. Out of work, eh? What were you doing before, my man?"

"I have just returned from being H.M. Ambassador in the Argentine, sir."

Then there was the very new second lieutenant who pulled up a tired Home Guard for failing to salute.

"Don't you know you should salute an officer? What's your name?"

"General Sir Robert Gough, sir."

The territory of China, including Manchuria, Mongolia and Tibet, covers more than a quarter of all Asia.

THIS CURIOUS WORLD

By William Ferguson



ANSWER: Buffaloes used to be as rubbing posts and pushed them over.

REG'LAR FELLERS—Light Banquet

THE CLUB TREASURER WILL NOW LET US KNOW HOW MUCH MONEY WE'VE GOT TOWARD PAYIN' FOR OUR ANNUAL BANQUET



WELL, AFTER PAYIN' FOR MRS. MALLACKEY'S BUSTED WINDS AN BLUVIN' FLOWERS FOR SHORTY COLE'S POOL FLUNKAL WE GOT EZAKKLY NO DOLLARS AN FIF CENTS EVEN



According To Census

Greater Number Of Unmarried Men Than Women In Canada

The Dominion bureau of statistics has reported that final census figures showed single persons constituted 54.1 per cent. of Canada's population of 11,500,000. In 1941, that Quebec showed the largest number of single persons in proportion to population and British Columbia, the highest ratio of married persons.

The bureau said married persons accounted for 41.2 per cent. of the Dominion's population. In 1941, widowed 4.6 per cent. and divorced 0.1 per cent. In 1931, 57.4 per cent. of the population was unmarried, a single and only 38.3 per cent. as married.

The actual increase in the number of married persons amounted to 764,933 or 19.3 per cent., while the number of single persons showed a much smaller increase over 1931 of 279,156, or only 4.7 per cent.

Single persons of all ages represented 69.3 per cent. of the population of Quebec, and married persons 33.7 per cent. In British Columbia, 47.8 per cent. of the population was married, and only 52.2 per cent. single. Ontario also showed a large proportion of married persons, with 45.1 per cent. of the population enumerated as married and 54.9 per cent. as single.

All provinces showed an increase in the number of married persons since 1931. The number of single persons, however, declined in Manitoba and Saskatchewan, and showed only slight relative increases in Ontario and Alberta.

The distribution by sex showed that of the 6,230,568 single persons in Canada, 53.2 per cent. were males, a ratio almost identical to that in 1931.

SUNDAY SCHOOL LESSON

JULY 4

A PEOPLE IN DISTRESS

Golden Text: They cried, and their cry came up as my prayer, because of the bondage. Exodus 2:23.

Lesson: Exodus 1:1-22; 2:23-25.

Devotional reading: Psalm 61.

Explanations and Comments

Jacob and his Family in Egypt, Exodus 1:1-5. These first five verses of the second chapter of the book of Exodus tell us of the family when they came into Egypt, the fuller account being given in Genesis 46:5-27.

The Remarkable Growth of the Israelites, Exodus 1:6-7. The small beginning of the Hebrew people came in the "seventy souls" in all who first came into Egypt, has been increased exceedingly in numbers during the centuries between Jacob and Moses until they were numerically a great nation.

"Of the seventy, sixty-eight were males." It is to the direct descendants of Jacob we add the wives of his sons and grandsons, and the daughters and granddaughters, and all their servants with their families. It appears that the total number of those who entered Egypt was very considerable, several hundreds if not thousands. This fact, as well as the acknowledgment of the Hebrew nation, serves to account for their rapid increase in Egypt. At the time of the Exodus they must have numbered about three million." (Dunsmuir).

The Grievous Oppression of the Israelites, Exodus 1:8-14. New (several centuries after Joseph's death) there arose a new king over Egypt who knew not Joseph. In Joseph's time Egypt was ruled by an Asiatic dynasty called the Hyksos, or Shepherd Kings. They were finally expelled and native rulers came to the throne. It was under one of this new dynasty that the Israelites were so oppressed.

God's Concern for the Oppressed, Exodus 2:23-25. In process of time the king of Egypt died, but his death brought no relief to the children of Israel whose bondage continued, who sighed and groaned in their affliction and cried to God for relief. And God heard, and remembered his covenant, and God saw the children of Israel, and God took knowledge of them.

"The important thing in religion is not the belief that God is punishing, but the experience that God knows me." (James Denby).

The manufacture of carpets was introduced from Persia into France about the beginning of the 17th century.

King Cohen



Strolling at you here is Sergt. Sidney Cohen, 22, of the British Royal Air Force, who obtained the surrender of the Italian island of Lampedusa after he had made a forced landing there in his Storch plane. While on a mission from Malta, Cohen's compass developed "a fit of gremelin" and he ran short of fuel while trying to get his bearings. Nearest land was Lampedusa, then under aerial bombardment by the Allies. Sergt. Cohen landed his plane at the airport there and to his amazement was given the formal surrender of the island. His R.A.F. buddies now call him "King Cohen of Lampedusa."

Her First Trip

Lady Used To Car Did Not Impress Bus Driver

A cool and suavely dressed matron got on a cross-town bus the other morning and started off wrong by offering the driver a 10-dollar bill. Then, when she finally managed to dredge a nickel up out of her bag, she didn't know where to put it. It hardly came as a surprise when she confided to the driver, "I've never been in one of these before, you know." Looking indifferently at this sum sacrificed on the altar of civilian shortages, the driver said, "We ain't missed you none, lady."—New Yorker.

LIFE'S LIKE THAT

By Fred Neher



"Why can't I have breakfast in bed like Junior?"

BY GENE BYRNES

TH' LONGEST ONE YOU'VE GOT—WE EACH GOTTA GET A BITE GOTTA IT



THAT'S TOUGH! OUR ANNUAL BANQUET IS THE EVENT OF THE SEASON! I DON'T WANT TO MISS IT! I GOTTA SLIP UP ON IT!



ME HETTER GO ALSO LIKEWISE ME



TH' HOTTEST BANQUET IN THE CITY



TH' HOTTEST BANQUET IN THE CITY



First Canadian Congress Is Held By Ukrainians

Winnipeg. — The first all-Canada Ukrainian Congress in its resolutions passed unanimously at the closing session, appealed to Ukrainian Canadians to continue to make ceaseless efforts for an early and decisive victory for the Allied Nations and went on record as being opposed to all forms of totalitarianism and all they stand for.

The total number of delegates who attended the congress was 715 men and women, of which number about 100 attended as guests.

P. Lazarowich, of Edmonton, presented the resolutions.

Expressing explicit confidence in leadership of constituted authorities, a resolution said, "this congress stands pledged to be ever ready and calls upon every Canadian, particularly represented by this congress, to fall in line and give the utmost support on every call by those in authority."

The resolution opposing totalitarianism further said "that Ukrainian Canadians stand shoulder to shoulder with the Canadian people and are ready to put forth every effort to prevent the infiltration of any part of totalitarian philosophy into our country during the present war and during the post-war reconstruction. The forerunners of Ukrainian Canadians have been traditional democratic people, whereas totalitarianism, be it Nazism, Fascism or Communism, is the very antithesis of democratic principles."

A four-point resolution on the winning of peace said that in the interest of a durable world peace and stability it was necessary to recognize the fundamental principles of freedom for all peoples and nations that the great Allied leaders have approved of the principles of the Atlantic charter and the four freedoms, and that it was a duty of every Canadian citizen to exercise his democratic privilege in a united effort that these principles be observed.

This congress takes an active interest in the application of the principles:

1. The right of all peoples to choose a form of government under which they will live.

2. That changes must accord with the freely expressed wishes of the people concerned.

3. The establishment of a peace which will afford to all nations the means of dwelling in safety within their own boundaries and which will afford assurance that all the men in all the lands may live out their lives in freedom from fear and want.

4. That the Ukrainians should receive equal treatment with other recognized nations, as a free and united member in the family of European nations.

Congress urged all Ukrainian Canadians to give their uninterrupted services in all branches of essential war work and food production, and that every participant of the congress offer leadership to Canadians of Ukrainian origin in sending to our fighting men comforts and assistance, and that support be given to the Canadian Red Cross and auxiliary war agencies.

A tribute was paid to all Canadians who have given their lives in defence of Canada and for a better world.

This resolution said that through the Ukrainian religious and social organizations, and the press assistance in re-establishment and readjustment of bereaved homes and families should be extended to all who are in need.

TO DEFEND ITALY

Germany Has Sent Reinforcements To Help Against Invasion

London. — German reinforcements have been sent to Italy the past few weeks and formations of Nazi troops are stationed not only on the mainland but on Sicily and Sardinia, it was learned.

The forces were in addition to Luftwaffe units already operating from various points in Italy and her adjacent Mediterranean islands.

Military circles believed the total strength of Axis forces in Italy was between 300,000 and 400,000, including 15 to 20 Italian divisions and five or six German divisions. There was little indication that the Italians had yet called home some 20 divisions from the Balkans to defend the motherland.

Reports Nazis speedily were bolstering the invasion defenses of the southern Axis partner came as a German despatch promised aid to Italy "in case of decisive battles on European soil."

Queen Elizabeth Inspects Dragons



Queen Elizabeth with the officer in charge of the Royal Canadian Dragoons' guard of honor at Her Majesty's recent inspection of the Toronto Scottish and Black Watch.

P.F.R.A. For All Provinces Has Been Suggested

Ottawa.—Application of provisions of the Prairie Farm Rehabilitation Act to all Canada and the immediate survey of Canada's national resources with the object of providing employment and promoting a better balanced economy were the principal recommendations in an interim report of the House of Commons construction and re-establishment committee, tabled in the House of Commons by Gray Turgeon (Lib., Carleton Place), committee chairman.

The committee's work is continuing but it submitted suggestions agreed upon so far to permit early action.

"Our studies have convinced us that in many respects Canada's agricultural life would be greatly improved if the general provisions of the Prairie Farm Rehabilitation Act could be applied to all Canada," the committee reported.

That act, passed when the prairie provinces were suffering acutely from drought and price depression, provides for federal assistance in soil surveys, in construction of water conservation projects like stock-watering dams and irrigation systems, in taking sub-marginal land out of production, in creating community pastures, and in educating farmers in scientifically tested methods of operation for particular conditions.

"Your committee feels that a proper survey of Canada's national resources should be undertaken now," the committee reported, "in order to ascertain the nature and extent of such resources, their location with respect to existing transportation facilities, their suitability for post-war requirements of the Canadian people, and for post-war industrial development and settlement, with the dual purpose of providing post-war employment and a better balanced Canadian economy."

New relations must be established between government and industry and between management and labor within industry, the committee reported. It said it proposed to present a later report on this subject.

Further study is being given to the fishing industry, to the coal industry, and to agriculture.

"Your committee is strongly of the opinion that every member of the armed forces and the merchant navy is entitled to be assured that parliament and government will be prepared to do what lies within their power to prevent any recurrence of mass unemployment in Canada," said the report.

CANNOT LEAVE CANADA

London, Ont.—Students of military age in Canada are being refused permission to attend universities in the United States. It was learned here from national selective service officials. Several Canadians, winners of scholarships to U.S. universities, have been forbidden to leave Canada, it was said.

Buy War Savings Certificates

MUST BE UTILIZED

Supply of Supplementary Feeds Needed For Increased Livestock Production

Calgary.—Because of the tremendous development in livestock production throughout the Dominion and because of the importance of that development to Canada's war effort, every avenue must be explored to utilize fully the supply of supplementary feeds. F. W. Present, Canadian feeds administrator, told members of the milling and food manufacturing industry, meeting in Calgary.

The meeting was attended by representatives of milling companies and feed manufacturing concerns and the first action taken was to set up a body to be known as the Alberta Feed Manufacturers' Association, its purpose to establish standards in feed and to foster and develop consumer confidence with a resultant consumer demand.

PRESENTS MEDALS

Queen Elizabeth Presides At Investiture In Absence Of The King

London.—The Queen, the first woman to preside at an investiture since Queen Victoria, presented the Victoria Cross to Wing Commander Guy Gibson, leader of the raid on the Mohne and Eder dams last month, and decorated six Canadians who participated in the daring attack.

In the absence of the King, who was in the Mediterranean area, Her Majesty congratulated the recipients and said the King had asked her to express his regrets that he was not able to be present.

Her Majesty wore a large spray of pink roses on her beige dress on the occasion. She was halcyon.

Mme. Chiang And Her Ottawa Host



While she was in Ottawa, Mme. Chiang Kai-shek was the guest of Canada's governor-general, the Earl of Athlone, pictured here as he welcomed her to Ottawa. China's first lady addressed a joint session of parliament.

Conceiving The Plans Now Put Into Action



Invasion plans made when Winston Churchill and U.S. Chief of Staff General George Marshall were in North Africa recently, are now taking shape. Here are the two of them talking over the situation with General Bernard Montgomery (right), of the British Eighth Army.

Air Vice-Marshal



Air Commodore Frank S. McGill, since January air officer commanding No. 1 training command, has been promoted to air vice-marshal.

Youth Laborers Now Subject To Transfer Order

Ottawa.—Labor Minister Mitchell announced in the House of Commons that increased control has been taken over the employment of youths by making those 16, 17 and 18 years old subject to compulsory employment transfer orders, in the same manner as men in the age groups liable for military service. Previously compulsory employment transfer provisions were restricted to single men between 19 and 45 and married men between 19 and 25.

The minister said that the employment of a bona fide school leaver in any other occupation, without the issuance of a special permit, has been forbidden. Such special permits will be issued by national selective service only in accordance with conditions and directions approved by the labor minister.

Beginning a review of his department's work during consideration of 1943-44 fiscal year estimates, Mr. Mitchell said that to provide for fuelwood-cutting operations—in view of a threatened shortage in the coming winter—selective service officers have been authorized to give compulsory direction to the employment of men between 16 and 65 years in this work.

Labor Minister Mitchell told the house the Canadian manpower policy was the best "that can be devised."

In a detailed statement made as the house began its review of 1943-44 labor department estimates, Mr. Mitchell described the distribution of manpower and womanpower resources, the employment of Japanese conscientious objectors and prisoners of war, the demands of the armed forces and war industry and steps taken to ensure agriculture, mining and other vital activities were provided with workers. He warned that shortages of labor would continue as long as the war.

DRY GAS FOUND

Victoria.—Dry gas has been discovered in the Fort Nelson area of British Columbia, Premier John Hart announced, and will be used by United States forces in that area for light and fuel purposes. U.S. army engineers located the gas while searching for water. Fort Nelson is in the Peace River district, through which the Alaska military highway runs.

Germany Orders Evacuation Of Ruhr Civilians

London.—Germany has ordered the evacuation of 3,000,000 civilians from the bomb-shattered Ruhr and ordered more than 1,000 fighter planes—60 per cent. of her entire fighter strength—into western Europe for a desperate attempt to fend off relentless Allied bombing fleets, European reports said.

Berlin despatches to Swiss newspapers said that the evacuation of non-essential civilians from the Ruhr, begun in the past month alone, had been ordered completed by the end of next week with German authorities frankly acknowledging that many inhabitants of the devastated valley had fled at their own peril.

German propaganda broadcasts, under a new policy of publicizing air raid damage, said the R.A.F. and the U.S.A.F. had practically razed the city of Krefeld, on the western rim of the Ruhr, and reported the populations of both the Ruhr and the Rhineland, together constituting Germany's principal source of arms, had been subjected to "unbelievable raids."

Fully realized that the Ruhr was at stake, Germany has mounted at least 30,000 anti-aircraft guns and tens of thousands of fighters to meet the threat to the fighter planes in western Europe, largely along a belt 200 miles long and 50 to 100 miles deep stretching from the North Sea along Germany's western borders, according to information reaching Britain.

Nazi broadcasts claiming the Ruhr hinterland alone has been more than doubled in the past year and that hundreds of thousands of refugees have been rushed from Russia to western Europe in recent weeks. One broadcast said that Germany already have three times as many fighters in western Germany as they did in Russia at the height of the North African campaign.

More than 1,000 heavy anti-aircraft guns from 88 to 125-millimeter caliber were reported to have been set up in the Ruhr, including at least 300 concentrated around Essen alone. Probably double that number of light guns of 40 millimeters less also have been mounted there. Cologne and Bremen were estimated to have at least 500 flak guns each.

Searchlights in the Ruhr valley probably total at least 500 and large cities, such as Frankfurt and Cologne, are believed to have 200 each for their own immediate defence.

Penetrating this "Magnet line" of the air, Canadian and British night raiders now encounter clusters of 10 to 30 searchlights every five miles. With the night fighters, these make western Germany the most formidable-defended fortress in the world against air attack.

British experts reported that well over 1,500,000 Germans now are tied down in western Europe manning the anti-aircraft defences, including full-time A.R.P. personnel. Guns guarding some of the more important cities are mounted on 200-foot-high concrete "flak towers," miniature forts with accommodations for hundreds of troops.

The Germans also were said to be making increasing use of camouflage, with whole areas of large cities being altered to make parks look like city streets and large lakes being covered with green netting to prevent them from serving as landmarks.

RECOMMEND LOANS

Medical Association Thinks Federal Government Should Help Needy Students

Ottawa.—The Canadian Medical Association, in a submission commenting on the draft health insurance measure before the House of Commons social committee, recommended that bursaries or loans be made available by the federal government to brilliant but needy medical students.

The association urged that federal grants-in-aid to the provinces under health insurance act should be used in the fight to conquer cancer.

Grants should be broad enough to provide for post-graduate training of physicians. They should also provide for medical research, as outlined by the National Research Council, and for expansion of industrial medicine.

GOVERNMENT GRANTS

Ottawa.—Government grants to national organizations for the war have foregone the privilege of making public appeals. Total \$3,619,358 so far this year. War Services Minister L. Acheson reported to the House of Commons.

Plan To Build One Hundred Modern Cities After The War On Site Where London Stands

(By Ralph Allen)
LONDON.—If town and country planning is to succeed, 5,000,000 Britons will have new postal addresses after the war, the population of London alone will shrink by 1,000,000, and 100 cities of the size of Regina will spring up on sites now either barbarous villages or completely undeveloped. This is what Professor Abercrombie thinks.

What Professor Abercrombie thinks is important, because it is Great Britain's most expert advocate of national face-lifting after the war. For 30 years he has made the study of residential, industrial and traffic development his full time job.

He holds the chair of town planning at the University of London. He sat on the Barrow Royal Commission, one of the three official committees that have recently investigated the Frankston area in the north of England, and found that something drastic must be done about them in a hurry. As an adviser on planning to London's municipal government, the London County Council, he soon will make important recommendations on the physical future of the Empire's greatest city.

Prof. Abercrombie makes his report public before the L.C.C. has had a chance to look it over, but in a recent interview he explained some of the personal convictions and the personal aspirations of Great Britain that will help to shape its proposals.

"Bombs, shams and the accumulated waste of centuries of bad planning, or no planning at all will make it necessary after the war to surround London with at least 100 new cities," he said. "These cities should have a population of roughly 50,000 each and ought to be within a radius of 25 miles of London itself in order to remain within the central marketing and transport area."

"Along with the million Londoners who would be transplanted to them, many of the factories that now support the urban population will have to be shifted. In the rest of the island it has been suggested that 80 more such 'satellite cities' will be needed to solve the parallel problems of congested centres like Birmingham, Manchester and Liverpool."

Bold and costly as it sounds, Prof. Abercrombie insists that his concept of total war against "The Beast" of slummy land development can be justified on any grounds from humanity to cash.

"Whether we like it or not," he said, "we face a tremendous period of physical reconstruction. The question we have to decide is whether we're going to carry it through as individuals or as a unit. There is a national plan that will not increase the total cost, but it will better the results."

He suggested two possible applications of pattern reconstruction. St. Paul's Cathedral stands today a majestic oasis in a desert of ruins. The devastated area around it represents some of the most valuable real estate in England.

In rebuilding this area," Prof. Abercrombie said, "the system of uncontrolled private enterprise would mean that the man who owned the site of a demolished bank would build a new bank where the old one stood, and the man who owned the ruined store would build another store on the original foundations. But who can deny that traffic and trade factors might make it advantageous for them both and to the city to swap locations before rebuilding?"

On this line of thought it has been suggested that in reconstruction zones all property should be pooled and reapportioned among the original owners according to their designs for redevelopment. I am in favor of that. I am not in favor of the outright confiscation of property by the government. We are a race of home-owners. I don't think we have to sacrifice that, but we will have to sacrifice the almost unfettered privilege of building stores where we need apartment blocks and apartment blocks where we need stores."

Transport must be faced in the same spirit, Prof. Abercrombie thinks. "The best roads in England were built 2,000 years ago by the Romans," he said, "and some of them have lost much of their utility because we have failed to control building."

"Look what has happened to Oxford street. It should have been a great fast artery from East to West London. But because we neglected to harness building it has become another crowded, sluggish artery. Now some of its greatest stores have been wiped out by bombs. This gives us the chance to say what the Oxford street ought to be rebuilt as a shop-

Seadog Push Reports On Experiences Aboard Torpedoed H.M.C.S. Weyburn



Here is a young lad who has seen plenty of action. Torpedoed in the Mediterranean while conveying British and American troops to North Africa, Able-bodied Seadog "Push" survived the ordeal. Push is shown above saying goodbye to Chief Petty Officer Potter, as he was about to board the train to return to Miss Joan Golby, aged eight, in Victoria, B.C. He was preceded by little Miss Golby to the crew of the Corvette Weyburn, when it left to go to sea after launching. Miss Golby is the daughter of Lieutenant Commander T. M. W. Golby, R.C.N.R., who was in command of the Weyburn, under his last life with his ship.

It only takes one week to raise enough from the spot where the corvette Weyburn had gone down, oil covered the surface of the sea. Swimming frantically among the debris, oil matted his once curly black and white coat was Able-bodied Seadog "Push," the ship's mascot.

Now strained above the maddening surface and legs churning madly he was sighted and picked up by Lieutenant Pat Milson, who had managed to launch a raft.

Later Push and his surviving companions were rescued by a British destroyer and taken to Gibraltar. Here they were given passage to England and from England they were brought back to Canada by another ship.

Delivered The Roses Certificates Cashed

How An R.A.F. Transport Command Squadron Leader Helped Colonel The Hon. J. L. Isley, minister of finance, asked women to establish a social club which would form an ostentatious, waste and unnecessary practice. He was addressing a meeting of the National Council of Women in Toronto.

Mr. Isley told that \$77,000,000 worth of war savings certificates were bought in the last 12 months, and added he would have felt better if \$24,000,000 of that had not been redeemed. He referred to the practice of lending the government money today and taking it back tomorrow as, "not quite the right thing to do."

Since the making of the first telephone in 1874, about 17,000 improvements have been made to the instrument.

Buy War Savings Certificates.

"Coffee Grinder" Radio Is Latest Rescue Device



This picture shows one of the latest rescue devices to be put in use by the R.C.A.F. It is the "coffee grinder" radio transmitter which sends out an automatic SOS signal when the crank is turned. Dropped from rescue aircraft by parachute, the new set comes complete with aerial, which is raised by a hydrostatic balloon or box kite, and a signal light for night. The set can send an automatic signal, or can be used to send a complete message. It is effective up to 100 miles. The airmen in the dinghy are equipped with the latest flame-proof flying suits and new radio band aids which contain first aid equipment, food rations, fishing outfit, jackknives and fire tablets for making fires in wet weather.

A New And Compact Sea-Rescue Radio Transmitter Is A Step Forward In Saving Our Airmen

THE rescue of 19 victims of an Atlantic torpedoing was swiftly accomplished recently through the delivery, by parachute, of a little device that weighed less than 20 pounds. It looks like the coffee grinder that was used to be a familiar sight in grandma's kitchen, or a portable radio with a wax West shape and a coating of ivory green paint; but it is an instrument that is making a tremendous contribution to the lives of airmen of the R.C.A.F.

"It is the new, compact, sea-rescue radio transmitter which is now in use by the R.C.A.F. It is one more step towards perfecting the system of bringing swift aid to airmen who have been forced down at sea or in isolated land areas. That it is doing its job is well testified to by reports such as that of the 19 survivors. Located by a rescue aircraft, they were dropped a transmitter; shortly afterwards they were found by a magnetic detector which had picked up the distress signal which punctuated the ether with its insistent SOS."

The set described by seamen as the "Coffee Grinder" is a small, ingenious, waterproof and completely foolproof radio transmitter, capable of sending a signal up to 100 miles. It derives its nickname from its appearance, strongly reminiscent of an old-fashioned coffee grinder. It is a sturdy crank grinder no bones; it whirrs the generator which powers the electric little machine.

It was wadded shape is specially designed so that the set rests easily against the knees of the operator. It is about a broad canvas strap.

No knowledge of radio is required to operate this latest instrument of sea-rescue, and in this respect it is almost foolproof. If you can turn the crank, you can send an SOS. The dial on the front of the transmitter is so simple that an operator can send a message, and for this a built-in telegraph key is provided. If the opportunity to make a contact by visual signals is missed, this situation is taken care of. A signal lamp is included, and like the code signal, can be used by an automatic SOS or operated by the key, like an aircraft's Aldis lamp. The signal lamp can be strapped to the operator's hand to leave his hands free.

The unit is complete in every detail from the parachute to float it down to the sea, to an ingenious built-in aerial which is one of the factors contributing to the set's power and range. The transmitter is carried in a canvas bag which carries the parachute, and attached to that is a cylindrical tube which contains all the accessories. These include two box kites for lifting the aerial aloft if a wind is howling, and two balloons which are filled with hydrogen gas to lift the aerial up in still weather. Where do you get the hydrogen? Easy—generators are supplied, which, when lowered into the sea will make the hydrogen to inflate the balloons to a diameter of four feet.

The box kites would be a small boy's delight. They're collapsible, made of a water repellent material and will carry the aerial aloft in a seven to fifty mile an hour wind. The aerial itself is wound on a reel which has a brake to control the speed of the ascent. It is built right into the transmitter.

With its 300 foot antenna climbing skyward the diminutive transmitter can send forth its distress signal as long as the ascender can turn the crank. A special system of lights indicates the right speed at which to turn the crank and to "tune in" the set into the correct frequency, which is the international distress signal wavelength. From this signal, rescue ships and aircraft, can determine the position of the dinghy, and send swift assistance. The transmitter will be carried on all larger aircraft and planes on sea-rescue patrol. When a distress signal is sighted without a sea-rescue set aboard, one is dropped by parachute and the man in the dinghy can signal to give a clue to his position. When crews are equipped with the device, they are able to establish immediate contact and reduce to a minimum the time spent at sea.

The adoption of this latest aid to swift sea rescue means much to airmen of the R.C.A.F., will reduce considerably the potential number of "dinghy hours" at sea, and will be welcomed by fliers who have had the experience of floating around in a dinghy before being spotted and eventually picked up.

Early Hawaiian chiefs often wore physical galls, weighing 300 to 600 pounds.

Only One In Canada

Vancover General Hospital Training School Has Florence Nightingale Collection

The letter is written on pale blue paper in Florence Nightingale's legible hand. Dated Feb. 1, 1858, it describes a coffee-house which she intended to establish for the purpose of enticing men away from the pubs. The letter is part of a Florence Nightingale collection—only one of its kind in Canada—which was presented to the Vancouver General Hospital School of Nursing by Miss Grace Fairley, former superintendent at the school.

Florence Nightingale knew her men. She knew she must make her court-attraction good. "In all coffee-rooms which have really answered and attracted the men I have known," she wrote, "there has always been some lady who has gone in on occasional evenings and entertained them. The best managed coffee-house in London is controlled by two women. They have plenty of influence over a very rough lot. She thinks of the coffee quality too. I would promise, 'Let the coffee be good'."

Photographs and mementos of the first British war nurse are also included in the collection which was brought back by Miss Fairley on various trips to England.

Included is the "Statement of Voluntary Contributions" received by Miss Nightingale for the use of British Hospitals in the East, 1854-56. Among the contributions are listed: Barrels of beer, raspberry vinegar, Welsh wine, remedy for frost bite and Lady Southwick's gift of "The Shattering Vine," written by the lady herself.

In a London section Miss Fairley found a volume of Punch for 1856. In it was Mr. Punch's design for a statue to Miss Nightingale. Further search settled the statue itself. Only three of these statuette groups—done by Mr. Punch's designs—are in existence. Miss Fairley has now presented one of these to the Vancouver General Hospital training school.

Crochet Gloves For Cool Summer Wear



Be smart to try your fingertips this summer. Wear those crocheted gloves. They're delightful. They're easily made. They're a lovely picnic mesh. They're so quick to do, too, you won't make several pairs in colors and in sizes. Pattern 7560 contains instructions for gloves in small, medium, large, extra large and extra extra large sizes. List of materials needed.

To obtain the set of twenty cents in coins (stamps cannot be accepted) to Household Arts Department, 175 McBurnett Avenue E., Winnipeg, Man., or to the nearest Post Office. Name, Address and Pattern Number. "Because of the shortage of the mail delivery of our patterns may take a few days longer than usual."

British cycle makers propose to build about 800,000 bicycles this year.

GENERAL DRAYING —

COAL HAULING

CHAS. PATTISON

THE CARBON CHRONICLE

Issued Every Thursday at
CARBON, ALBERTA
Member Alberta Division Canadian
Weekly Newspapers Association
E. J. ROUTEAU,
Editor and Publisher

SPEND LESS AND
SAVE MORE

Speaking to the National Council of Women of Canada recently, Hon. J.L. Hiley, minister of finance, related the wartime budget of the average housewife to the budget as a whole, and appealed to Canadians to lend as much as possible and spend as little as possible.

If every woman would work out a budget for herself and her family in which the amount spent on non-essentials would be cut to a minimum, it would help reduce the danger of upward pressure on the price ceiling, Mr. Hiley said.

Thanking the women of Canada for

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the way in which they have aided the government in fighting off inflation, he continued, "the organized opinion of women is a very powerful factor in our national life. I would like to see the people of this country so committed to the custom of spending less that it would almost be considered a social blunder to buy anything unnecessary or non-essential. Women are the only people who can bring this about."

By popularizing the idea of spending less you serve Canada in two ways, Mr. Hiley stated—you aid in the fight against inflation and you make available more money in Canada to use in the fight against our enemies.

Appealing to the women for help, he asked that women establish a social code which frowned on waste and unnecessary spending, and secondly that they help in the problem of conservation of Victory Bonds and War Savings Certificates.

For six weeks every year," said Mr. Hiley, "Canadians are asked to buy Victory Bonds, and during the rest of the year War Savings Stamps and Certificates. Women have responded wholeheartedly to these appeals. The many novel and ingenious things used by women in the sale of Stamps and Certificates have been a source of inspiration to others, and I would like to urge that we do not relax our efforts in any of these fields. There is a limit to the amount of money we can raise by taxation. We wish to hold bank borrowings to a minimum. The only alternative is to borrow from the Canadian people themselves."

Canadians have bought more than \$75 millions War Savings Certificates in the last 12 months, Mr. Hiley said. This represents a considerable saving in small amounts, the small amounts that constitute the most dangerous element of spending. Of that \$75 millions, however, over \$24 million have been redeemed. Urging that Canadians help their purchases of bonds and certificates at least for the duration, he stated that both bonds and certificates are sold without restriction as to redemption or sale by the owner.

"Anyone can get his money back if and when he wants it," continued Mr. Hiley. "That guarantee will always hold good but, I would again like women to set a fashion, that it is not the thing to do to lend your money to the government today, and take it tomorrow. In the case of an emergency where no other means can be found to raise the necessary funds, it is a justifiable step, but to withdraw support of the country to buy non-essentials is to build a two-fold stumbling block in our path."

SEEDTIME and HARVEST

By Dr. R. W. Nisbet
Department of Agriculture
North-West Seed Laboratory, Edmonton

Pests—and a Reminder

Practically every plant, wild or cultivated, is subject to fungi and insect attack. 100% health is as rare in plants as it is in men.

When introducing new crops, we usually have a good idea of the diseases and insects which may cause trouble, but we cannot forecast the severity of attacks. Furthermore, control measures practical elsewhere may not be practicable or effective in our own region.

This year, we are concentrating a good deal of attention on crop diseases, especially on the foot rot of cereals, and the sunflower moth. Please send specimens and report infestations to Dr. Bird at the Brandon Laboratory. Send disease specimens to the Dominion Laboratory of Plant Pathology at Edmonton, Saskatoon or Winnipeg.

Cut Sawfly Traps

Dr. C. W. Farstad has prepared the following paragraph and asked us to give it all possible publicity: "Quite a number of farmers throughout the west have made a start toward a systematic plan for controlling wheat stem sawfly by planting traps. After having established a trap, and the sawflies have laid their eggs, the next step is to complete the destruction of the sawfly in the stem. This can be accomplished by cutting the trap with a mower about July 10th, or simply by cutting it with the binder and cultivating the stubble immediately afterwards."

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Sunday School 10:00 a.m.
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Evening Service 7:30 p.m.

OUR INVITATION: Psalm 95-6
O come, let us worship and bow down:
let us kneel before the Lord our Maker
REV. E. RIEMER, pastor

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Parish of Christ Church, Carbon

The Rev. T. H. Chapman, R.D.
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S. S. Supt.: Mrs. E. Talbot

Sunday, July 11—Trinity 3

12:15 p.m. Sunday School
7:30 p.m. Evening & Sermon

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Freedom's Fires Must Be Fed Our COAL!

CANADIANS must dig and deliver coal that we may sell
convoys, power vital war plants, keep our railroads
rolling, preserve the nation's health!

The coal mining industry—miners and management alike—have done wonders to provide coal, but they need help. More workers must be provided, or we falter—possibly fail—in this grim hour. Nature has been generous but we must help ourselves. Our mines are rich, but undermanned. By Proclamation, His Excellency the Governor General in Council has declared that labour supply for coal mines ranks as a national emergency. Further, in order to provide manpower for coal, the Governor in Council has issued an Order in Council aimed at swelling the flow of coal from mine to firepot.

This Order is of vital interest to everyone in Canada. Every Canadian should read and study its provisions, to see whether it demands any action on his part:

1. EVERY EMPLOYER, REGARDLESS OF HIS INDUSTRY, must advise his employees of these Regulations, and he must assist in discovering whether any of his employees have had previous experience as coal mine workers.
2. EVERY EMPLOYEE, REGARDLESS OF HIS INDUSTRY, who has had previous experience as a coal mine worker, must report that fact to his employer not later than Tuesday, May 25th, 1943.
3. A "COAL MINE WORKER" FOR THESE PURPOSES is anyone who, since January 1st, 1935, has worked under provincial certificate or license in or around a coal mine, or who, since the same date, has been employed for a total of at least 24 months in the production of coal (except at office work).
4. EVERY EMPLOYER, NOT A COAL MINE OPERATOR, must report in writing to a Selective Service Officer, not later than Tuesday, June 1st, 1943, full details on any of his employees who are ex-coal mine workers.
5. SELECTIVE SERVICE OFFICERS ARE AUTHORIZED to require ex-coal mine workers to report for interview and to accept work at a coal mine.
6. SELECTIVE SERVICE OFFICERS MAY REQUIRE any man in any employment, if subject to Mobilization Regulations but rejected for Military Training, and certain others released from Military Training, to accept employment at a coal mine.
7. NO COAL MINE OPERATOR may terminate the services of any coal mine worker without written permission from a Selective Service Officer.
8. NO COAL MINE WORKER may leave employment at a coal mine without written permission from a Selective Service Officer.
9. EVERY EX-COAL MINE WORKER, returning to the industry under these Regulations, will be paid wages at the established rate for the job at which he is placed, and the Government will pay wages of 40 cents an hour, 8 hours a day and 48 hours a week, to any ex-coal mine worker required to leave his present employment under these provisions, but not placed immediately at coal mining.
10. A BOARD ALLOWANCE of not more than \$7.50 a week may be paid an ex-coal mine worker now returning to a coal mine, if required to live away from the residence of his dependents.
11. PRESENT AND FUTURE COAL MINE WORKERS will be granted postponement from Military Training to February 1st, 1944, by virtue of their occupation and no coal mine worker will be accepted for voluntary enlistment in the Armed Forces of Canada, prior to February 1st, 1944, except under permit to enlist from a Selective Service Officer.
12. NO EMPLOYER IN CANADA, EXCEPT A COAL MINE OPERATOR, may solicit for employment or hire any ex-coal mine worker.
13. REGARDLESS OF ANY DOMINION OR PROVINCIAL LAW, male persons at least 16 years old may be employed as coal mine workers, and female persons at least 18 years old may be employed as surface coal mine workers.
14. WAR EMERGENCY TRAINING CLASSES will be available for training men as coal mine workers.

Such is the substance of the new regulations. Full details may be had at any Employment and Selective Service Office. If these provisions require action on your part, you are urged in the national interest to act immediately. Severe penalties are provided for non-compliance, but the Government relies on the co-operation of the citizens of Canada to make prosecution unnecessary by prompt action as required. This is a grave emergency. Assist if you can.

DEPARTMENT OF LABOUR

HUMPHREY MITCHELL
Minister of Labour

A. MacNAMARA
Director, National Selective Service

FARM STORED GRAIN

Should Be Examined Frequently
for Mites and Condition

DON'T TAKE CHANCES

If in Doubt, Consult
the Nearest Agent of

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HOW TO BUY TIRES

Under
Wartime
Regulations



FIRST go to your nearest Firestone Dealer who has the official information and can advise you if you are eligible and in which class you are included. He has the application forms and will help you fill them in, will furnish the Inspection Report and do everything that can be helped you obtain a Tire Ration Permit necessary to buy a new tire... See him today.

FARMERS ---
Tires on farm tractors, combines, and trucks are eligible for replacement provided they cannot be repaired or retreaded. Furthermore, any farmer not owning a truck may replace the tires on his passenger car and trailer. For further information see the nearest Firestone Dealer.

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